DASO Annual Obesity Meeting 2026

Hotel Sinatur Storebælt, Nyborg

Friday, November 6

Time	Speaker	Title
09.30-09.55	Registration and coffee with bread	
09.55-10.00	Carsten Dirksen, President DASO	Welcome
10.00-10.30	**Gijs Goossens,** *PhD Professor of Cardiometabolic Physiology of Obesity Department of Human Biology, Institute of Nutrition and Translational Research in Metabolism (NUTRIM) Maastricht University Medical Centre⁺, The Netherlands*	The pathophysiology of cardiometabolic complications in obesity: towards tailored approaches
10.30-11.00	**Lærke Smidt Gasbjerg**, *MD, PhD, Assistant Professor, Department of Biomedical Sciences, University of Copenhagen & Center for Clinical Metabolic Research, Gentofte Hospital, Hellerup, Denmark*	The role of gut hormones in postprandial nutrient handling – human studies on genetic variants and postprandial blood flow
11.00-11.30	Coffee break and visit to sponsors	
11.30-12.00	**Emilia Huvinen**, *MD, PhD, Associate Professor,* University of Helsinki and Helsinki University Hospital, *Helsinki, Finland*	Obesity and women's reproductive health
12.00-12.30	**Anders Fink-Jensen**, *MD, DMSci, Clinical Professor, Mental Health Centre, University Hospital-Bispebjerg and Frederiksberg, Copenhagen & Department of Clinical Medicine, University of Copenhagen, Copenhagen, Denmark*	GLP-1-based drugs, addiction, and alcohol use disorder
12.30-13.30	Lunch	
	Abstract competition	
13.30-13.40		
13.40-13.50		
13.50-14.00		
14.00-14.10		
14.10-14.20		
14.20-14.50	Coffee break and visit to sponsors	
14.50-15.10	Poster pitches	
15.10-16.00	Poster session with refreshments	
16.00-16.10	Carsten Dirksen, President DASO	Award ceremony

16.10-16.20	Novo Nordisk Foundation Early Career Obesity Research Award winner	
16.20-16.40	Flemming Quaade Prize for Outstanding Obesity Research winner	
16.40-17.00	DASO-NNF Reception: Obesity Prizes	
17.00-18.00	General assembly	
18.00-19.00	Break (free time)	
19.00-22.00	Conference dinner with abstract prizes	

Saturday, November 7

Time	Speaker	Title
07.00-09.15	Breakfast	
09.15-09.45	**Paulina Nowicka**, *Professor, Department of Food Studies, Nutrition and Dietetics, Uppsala University, Uppsala & Division of Pediatrics, Department of Clinical Science, Intervention and Technology, Karolinska Institutet, Stockholm, Sweden*	Early-life obesity: Why families matter
09.45-10.00	**Lived experiences**	Parent to child with obesity
10.00-10.30	**Morten Frost Nielsen**, *MD, PhD, Clinical Professor, Department of Endocrinology, Odense University Hospital & Steno Diabetes Center Odense, Odense, Denmark*	Treatment of obesity from a bone perspective
10.30-11.00	Group photo and coffee break	
11.00-11.30	**Joanna Kalucka**, *PhD, Associate Professor, Department of Biomedicine, Aarhus University & Steno Diabetes Center Aarhus, Aarhus University Hospital, Aarhus, Denmark*	Defining the vascular niche of human adipose tissue across metabolic states
11.30-12.00	**Kathrine Kold Sørensen**, *PhD, Postdoc, Copenhagen University Hospital, Steno Diabetes Center Copenhagen, Herlev, Denmark*	GLP-1 receptor agonists and grocery shopping patterns
12.00	Closing remarks and lunch to-go	