Workshops

Workshop 1. **Case discussions – Open Ankle Fracture**

Room A - Michael Raschke: **Team 1:** kl. 16.20-17.00
Team 2: kl. 17.05-17.45
Room B - Per Gundtoft: **Team 2:** kl. 16.20-17.00
Team 1: kl. 17.05-17.45

Workshop 2. **Ex fix or demonstration of ring fixator**

16.20-16.40: Case discussions of complex ankle fractures: when to ex fix, what is the role of circular frame?

16.40- 17.45:
Ex fix: Peter-Max Halschou-Jensen, Nikolaj E. Madsen, Peter Søndergaard
Circular Frame: Alex Trompeter

Workshop 3. **Case discussions - Geriatric Ankle Fracture Management w/ Bjarke Viberg**

Team 1: kl. 11.00-11.40
Team 2: kl. 11.45-12.25

Workshop 4. **Posterolateral tibia plating**
w/ Michael Raschke & Arvind von Keudell

Fibula nailing
w/ Alex Trompeter & Rasmus Juul

Team 2: kl. 11.00-11.40
Team 1: kl. 11.45-12.25

Firmaer: **Swemac Osmedic, Swemac Imaging, Bonesupport, Protesekompagniet, Arthrex, Mediq**

DANSK ORTOPÆDISK TRAUMESELSKAB

DOT Annual Meeting 2026

Ankle fractures and complications

Hotel Vejlefjord

17th – 18th April 2026

Friday the 17th of April

08.30-09.30: Arrival, coffee and registration in showroom

09.30-09.35: Welcome by Anne Mette Kold Stausholm

09.35-10.40: Ankle fracture basics (Moderator: Arvind von Keudell)

09.35-09.50: Preop planning for ankle fractures - what to look out for/how to position? (Marie Arildsen)

09.50-10.05: When to ex-fix and what does my ex-fix look like vs circular framing (Johannes Heindl)

10.05-10.20: Timing of definitive surgery after temporizing measures - is there any evidence? (Per Gundtoft)

10.20-10.35: Supination fractures - what is the treatment algorithm and when to operate? (Rasmus Jørgensen)

10:35-10:40 Discussion

10.40-11.00: Coffee in showroom

11.00-11.30: Diabetic/Geriatric fractures (Moderator: Arvind von Keudell)

11.00-11.15: Diabetic ankle fracture - what are the current guidelines? (Paul-Atle Le Fevre Roy)

11.15-11.30: Fixation strategies for geriatric fractures - what are the options/evidence? (Bjarke Viberg)

11.30-12.15: Syndesmotic injuries/posterior malleolus fractures (Moderator: Arvind von Keudell)

11.30-11.45: Classifications of syndesmotic injuries and posterior malleolus fractures (Christian Grundtvig Rasmussen)

11.45-12.00: Fixation strategies for posterior malleolus fractures? (Arvind von Keudell)

12.00-12.15: Postoperative treatment/regimen after trimalleolar ankle fracture surgery (Anne Mørup-Petersen)

12.15-13.10: Lunch

13.10-13.40: Battle (Moderator: Peter Toquer): Posterolateral approach (direct) vs lateral approach (indirect) for trimalleolar ankle fractures, focus on posterior lip fixation (Peter Tengberg vs Michael Raschke)

13.40-13.45: Discussion

13.45-14.15: Complications management (Moderator: Peter Toquer)

13.45-14.00: How to recognize FRI and treat early to still get a good outcome? (Kristoffer Hare)

14.00-14.15: Salvage options for ankle fractures (nailing vs fusion) (Johnny Frøkjær)

14.15-14.30: Coffee in showroom

14.30-14.45: Open ankle fracture treatment - which antibiotics, timing, outcomes (Rasmus Juul)

14:45-15:05: Flap coverage options in the distal tibia (Nicco Kretzdorn)

15.05-15:20: How to save the unsalvageable – cage or osseointegration amputation (Alex Trompeter)

15.20-16.00: Battle (Moderator: Peter Toquer): To DAIR or not to DAIR: A red incision after ankle fracture treatment - antibiotics vs aggressive treatment (Ilija Ban vs Alex Trompeter)

16.00-16.20: Coffee in showroom

16.20-17.45: WORKSHOP/CASES (choose between 1 or 2)

19.00- : Drinks, Dinner & Dance

Saturday the 18th of April

09.00-09.30: Tips and Techniques (Moderator: Frederik Schwartz)

09.00-09.15: The odd posteromedial ankle fracture - approach and implant considerations (Rasmus Jørgensen)

09.15-09.30: How to get fibular nailing right? Tips and tricks (Frederik Borup)

09.30-10.00: Battle (Moderator: Peter Toquer): Flexible vs rigid fixation of the syndesmosis (Alex Trompeter vs Michael Raschke)

10.00-10.20: Coffee in showroom

10.20-10.40: Keynote: Weight bearing after ankle fracture treatment w/ Alex Trompeter

10.40-11.00: Keynote: How does the AO TK work and the evolution of ankle systems w/ Michael Raschke

11.00-12.25: CASES AND WORKSHOP (3+4)

12.25-12.45: Evaluation and goodbye + "Grab`n go" lunch